

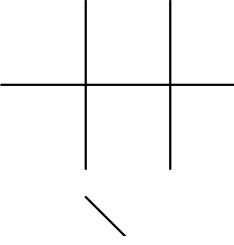
Medications

- Nuva Ring
- birth control

- Synthroid 100 mcg PO daily
- hypothyroidism

N20030 Concept Map
Student Name Chelsea Youngman Client Initials MJ Date 4/6/2010
Age 33 Gender F Room # _____ Admit Date _____
CODE Status Full Allergies NKDA
Diet _____ Activity _____ Braden Score _____

Lab Values/Diagnostic Test Results



Admitting Diagnoses/Chief Complaint
Stage 2 Breast Cancer

Assessment Data

97.5 - 88- 20- 110/70
A & O x 3.
Skin intact, mild ecchymosis left breast with small scabbed puncture. Heart sounds normal. Lungs CTA BSX4. No edema. Pedal pulses present +2 bilaterally.

Pt. c/o of discomfort around left breast d/t biopsy site
Pt. c/o she is frightened, angry and tearful about the diagnosis

Last menstrual period 2 weeks ago

Stopped taking Nuva Ring since diagnosed

NIC
Preoperative Coordination
-Facilitating preadmission diagnostic testing and preparation of the surgical patient
Breast Examination
-Inspection and palpation of the breasts and related areas
NOC
Acceptance: Health Status
-Reconciliation to significant change in health circumstances
Knowledge: Cancer Management
-Extent of understanding conveyed about cause, type, progress, symptoms, and treatment of cancer

Past Medical /Surgical History

- breast carcinoma
- hypothyroidism

- does not smoke or drink alcohol

- married with 3 children

Primary Nursing Diagnosis
Fear r/t diagnosis

Supporting Data
pt. c/o she is frightened, angry and tearful about the diagnosis
diagnosed with stage 2 breast cancer

STG
The pt. will relate increased psychological and physiologic comfort by end of hospital stay.

Interventions with Rationale
-Allow personal space.
-Establish frequent and consistent contacts; use family members and significant others to stay with the client.
-Use touch as tolerated.
R: Minimizing environmental stimuli can help reduce escalation of fear. (264)
-Support preferred coping style when client uses adaptive mechanisms.
-Use simple, direct statements.
-Encourage expression of feelings.
-Encourage the client to face the fear.
R: Open, honest dialogue may help initiate constructive problem solving and can instill hope. (264)

EBP Citation
Carpenito-Moyet, 2007

Nursing Diagnosis #2
Disturbed Body Image r/t left breast surgery

Supporting Data
mild ecchymosis left breast with small scabbed puncture
diagnosed with State 2 breast cancer
discomfort around biopsy site

STG
The pt. will implement new coping patterns and verbalize and demonstrate acceptance of appearance within 3 days.

Interventions with Rationale
-Encourage person to express feelings
R:Frequent contact by the caregiver indicates acceptance and may facilitate trust. (547)
-Assist client to accept help from others.
R: Social interactions can reaffirm that the person is acceptable and that previous support system is still intact. (547)
-Avoid criticism.
R: Frequent contact by the caregiver indicates acceptance and may facilitate trust. (547)

EBP Citation
Carpenito-Moyet, 2007

Evaluation
The pt. implemented new coping patterns and was able to verbalize and demonstrate acceptance of appearance within 3 days.

Nursing Diagnosis #3

Supporting Data

STG

Interventions with Rationale

EBP Citation

Evaluation

The pt. showed increased psychological and physiologic comfort by end of hospital stay.