

**KENT STATE UNIVERSITY
COLLEGE OF NURSING**

TECHNICAL SKILLS RECORD/ CHECKLIST

Student Name: Chelsea Youngman

The following list represents basic technical skills exposure expected by program completion. Please insert the date next to the skills you perform at the end of each lab and/or clinical day. The form is to be kept in your portfolio until the end of the program. One copy will be submitted to the College of Nursing office.

	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
DIRECT PATIENT CARE						
Complete Bath		3/2010		3/2010	3/2011	
Oral Care		2/2010		2/2010	3/2011	
Skin Care		2/2010		3/2010	3/2011	
Hair Care		3/2010		3/2010	3/2011	
Foot & Nail Care						
Back Massage						
Braden Scale Skin Assessment		11/2009		10/2010		
Positioning & Repositioning		2/2010		10/2010	4/2011	
Range of Motion		2/2010		10/2010		
Assist with Ambulation		2/2010		10/2010		
Falls Precautions				10/2011		
Transfer Techniques		3/2010		10/2011		
Feeding		3/2010			4/2011	
Recording I & O's		9/2010		10/2010	3/2011	
Ted Hose/SCDs		2/2010		10/2010		
APPLYING RESTRAINTS						
Posey						
Wrist & Ankle						
BED MAKING						
Occupied		2/2010				
Unoccupied		2/2010		3/2010	3/2011	
VITAL SIGNS						
Temperature		9/2009		9/2009	1/2011	
Respiration		9/2009		9/2009	1/2011	
Pulse		9/2009		9/2009	1/2011	
Blood Pressure		9/2009		9/2009	1/2011	
Orthostatic Blood Pressure		9/2009		9/2009		
Pain Assessment		2/2010		2/2010	1/2011	
NEUROLOGICAL ASSESSMENT						
Glasgow Coma Scale		10/2009				

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CARDIAC MONITORING						
EKG/Telemetry				10/2011		
12 lead EKG administration				10/2011		
ELIMINATION						
Enemas	2/2010					
Colostomy: Irrigation	2/2010					
Dressing	2/2010					
Placing Appliance	2/2010					
Ileostomy	2/2010					
Catheterization						
Indwelling: Male		10/2011				
Female		10/2011				
Straight: Male						
Female		2/2011				
Urosheath: Male						
Indwelling Catheter Care						
Catheter Irrigation						
Perineal Care	2/2011					
Urosheath Care						
IRRIGATIONS						
Eye	10/2011					
Ear						
Bladder						
Vaginal						
Wound		11/2010				
SPECIMEN COLLECTION						
24 hour Urine					4/2011	
Specific Gravity					4/2011	
Sterile from indwelling cath						
Stool:						
Guaiac/Hemoccult						
Ova & Parasite						
C & S	10/2011					
Sputum						
Blood Glucose Monitoring				10/2011		
PRE & POST OPERATIVE CARE						
Pre-op Checklist/Informed Consent	10/2011					
Dry sterile dressing						
Peripheral IV site dressing change		11/2010				
Central line dressing change	3/2012					
Wet → Dry sterile dressing		3/2010				
Packed wound dressing		9/2010		9/2010		

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		Adult	Child	Adult	Child	
Coughing & deep breathing		2/2010				
Incentive spirometry		2/2010				
Assist to dangle & ambulate						
Assist with cast	2/2010					
Assist with traction						
Intermittent wall suction						
Naso-gastric irrigation						
Hemovac drain care	4/2012					
JP drain care	4/2012				4/2011	
Nasogastric continuous feeding	9/2010					
Gastrostomy intermittent feeding						
RESPIRATORY CARE						
Oxygen Therapy:						
Nasal cannula		2/2010	4/2011			
Mask		4/2010				
Pulse Oximetry		2/2010	4/2011			
Suctioning:						
Oropharyngeal						
Endotracheal						
Tracheostomy care						
Chest tube care		3/2012				
Postural drainage						
Percussion, drainage, & clapping						
ISOLATION TECHNIQUES						
VRE/MRSA		4/2012		4/2012		
TB						
Neutrapenic (Reverse)						
MEDICATION ADMINISTRATION						
Oral		3/2010		2/2011		
Patches/topical						
Subcutaneous	3/2010	4/2012				
Intramuscular	3/2010	4/2012				
Z-Track						
IV INFUSION						
Peripheral	9/2010		10./2011	4/2011		
PICC line	9/2010		10/2011			
Central/Triple Lumen	9/2010		10/2011			
Monitoring of Drip Rate		2/2010	10/2011			
IV site assessment		2/2010	10/2011	4/2011		
Changing IV fluid bags		9/2010	10/2011			
Changing IV fluid tubings	9/2010		10/2011			
Arterial line maintenance						

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COMPUTER DOCUMENTATION		11/10	11/10	2/2011	2/2011	Instructor always checked our charting, but we did it by ourselves.
EXPERIENCE TEACHING:						
Patients		11/2010		2/2011	4/2011	
Families		11/2010		2/2011	4/2011	
DISCHARGE PLANNING	3/2010			2/2011	4/2011	
BASIC LIFE SUPPORT (record dates of completion)		1/2011	1/2011			

**Modified with permission from University Hospital of Cleveland Nurse Extern Skills Experience Record/Checklist
**Revised 8/08